

EAT THAI

• RESTAURANT •

The Best Authentic Thai Food in Blenheim

WELCOME TO EAT THAI RESTAURANT

Sa Wad Dee Ka

My name is Ben, I will be looking after you today, my partner Billy will be your chef. I am from Ayutthaya (Central) and Billy is from Song Khla (South) of Thailand. We have been brought up on real Thai food and have a great understanding of Flavours.

It is a pleasure to have you here at Eat Thai Restaurant. We hope you enjoy our authentic Thai cuisine. Thai food has become very popular in New Zealand, and here we give you honest Thai taste. Thai cooking tends to use fresh herbs in their natural whole state – which provides major health benefits for you!

Thai food is about adventure in flavour and freshness, and with so many options on our menu we have something for everyone. Please take your time to explore our menu and find the perfect dish for you!

Khob Khun Ka
Ben & Billy



*MSG FREE

*100% Free Range Eggs

*FULLY LICENSED

*Please let us know if you have any food allergies or special dietary needs.

ENTRÉE

E1. CHICKEN SATAY (4 PIECES)

Strips of marinated chicken served with a tasty peanut sauce \$12

E2. VEGETARIAN SPRING ROLL (4 PIECES) VG

Deep fried vegetarian spring rolls served with sweet chilli sauce \$10

E3. CURRY PUFF (4 PIECES)

Chicken mince with kumara, potato and onion wrapped in puff pastry \$10

E4. MONEY BAG (4 PIECES)

Wrapped shrimp with, mixed vegetables, peanuts, and fried shallots served with sweet chilli sauce \$10

E5. THAI FISH CAKE (4 PIECES)

Authentic spicy fish cakes served with sweet chilli sauce \$10

E6. EAT THAI MILK SQUID

Deep fried Squid tentacles marinated overnight with milk and white wine \$17.5

E7. CHEESY PRAWN ROLL (4 PIECES)

BIG PRAWN seasoned with salt and pepper rolled together with cheese in spring roll pastry \$12

E8. THAI FRESH ROLL (4 PIECES) GF/VG/VG + TOFU

Fresh healthy start, rice paper wraps with marinated chicken, carrot, cucumber, lettuce, and alfalfa sprouts served with mint lime sauce \$12

E9. PLA GOONG GF

Pla Goong is food from Central of Thailand. Delicious prawns mixed with a homemade dressing \$12

E10. MIANG KHAM (SPINACH COCO) GF

Traditional snack, Miang Kham is fresh, healthy, and great in flavour

Small serving 2 people \$14.5

Large serving 3-5 people \$18.9

E11. HONEY PORK RIBS GF

Marinated ribs with cinnamon, star anise and Thai herbs, slow cooked, deep fried and stir fried with home-made honey sauce, mesclun and cherry tomatoes \$15

E12. BBQ PORK SKEWER (4 SKEWERS) GF

Flavoursome Thai style marinated Tender pork \$14

E13. PRAWN CRACKER

Real flavour Prawn cracker, great choice for family or party snack \$8.9

E14. MIX ENTREES (10 PIECES)

Great choice for sharing with family and friends. 3 vegetarian spring rolls, 2 curry puffs, 3 money bags and 2 chicken satay sticks served with sweet chilli sauce \$26

E15. THE KING (12PIECES+MILK SQUID)

THE KING is great option for a real feed, 4 chicken satay sticks, 4 cheesy Prawn rolls, 4 Thai fish cakes and our popular Eat Thai Milk Squid \$49



RICE AND NOODLE

R1. FRIED RICE (GFA)

Thai fried rice uses jasmine rice fried with carrot, onion, egg, and mixed vegetables.

Choice of meat: **Chicken/Pork/Beef** \$22 | **Combination** \$24

Prawn \$27 | **Seafood** \$27

R2. THAI STYLE CRAB FRIED RICE (GFA)

If you love crab, try Thai style crab fried rice, uses the natural flavours from the crab meat cooked with egg, carrot, and spring onion \$28.9

R3. NASI GORENG *CONTAINS YELLOW CURRY POWDER* (GFA)

Fried rice with light yellow curry powder, pineapple, lots of cashew nuts, egg, green bean, and mixed vegetables, topped with fried shallot

Choice of meat: **Chicken/Pork/Beef** \$24.9 | **Combination** \$26.9

Prawn \$28.9 | **Seafood** \$28.9

R4. PAD THAI *CONTAINS TRACES OF SOY* (GF)

A unique taste that you must try. Thin rice noodles stir fried with authentic Pad Thai sauce, egg, bean sprout, crunchy peanut.

Choice of meat: **Chicken/Pork/Beef** \$24.9 | **Combination** \$26.9

Prawn \$28.9 | **Seafood** \$28.9

R5. PAD SEE EWE (GFA)

Flat rice noodles stir fried with egg, broccoli, cauliflower, carrot, and cabbage seasoned with light soy sauce and oyster sauce

Choice of meat: **Chicken/Pork/Beef** \$24.9 | **Combination** \$26.9

Prawn \$28.9 | **Seafood** \$28.9

R6. MEE GORENG *CONTAINS YELLOW CURRY POWDER*

Egg noodles stir fried with mix vegetables, green bean, lots of cashew nut, pineapple, and egg, topped with fried shallot

Choice of meat: **Chicken/Pork/Beef** \$24.9 | **Combination** \$26.9

Prawn \$28.9 | **Seafood** \$28.9

R7. PAD KHEE MAD (GFA)

Flat rice noodles stir fried with hot basil sauce, egg, tomato, carrot, broccoli, and bamboo shoots. This has a strong flavour from herbs - Hot and spicy!

Choice of meat: **Chicken/Pork/Beef** \$24.9 | **Combination** \$26.9

Prawn \$28.9 | **Seafood** \$28.9



CURRY

C1. GREEN CURRY (GF)

Thai green curry cooked with coconut milk, fresh chilli, green beans, bamboo shoot and red capsicum.

Choice of meat: **Chicken/Pork/Beef** \$23.9 | **Prawn** \$28.9 | **Snapper Fillet** \$33.9



C2. RED CURRY (GF)

Thai red curry cooked with coconut milk, fresh chilli, green beans, bamboo shoot and red capsicum.

Choice of meat: **Chicken/Pork/Beef** \$23.9 | **Prawn** \$28.9 | **Snapper Fillet** \$33.9



C3. MASSAMAN BEEF (GF)

Delicious, marinated beef, slow cooked with coconut milk, massaman curry paste, onion, potatoes, peanut, and red capsicum \$26.9

C4. PANANG CURRY (GF)

Cooked with coconut milk, crusted peanut, carrot, and red capsicum. Beautiful mild dish.

Choice of meat: **Chicken/Pork/Beef / Vegetarian+ Tofu** \$23.9 | **Prawn** \$28.9 | **Snapper Fillet** \$33.9



C5. ROASTED DUCK RED CURRY (GF)

Aromatic roasted duck cooked with red curry paste, coconut milk, red seedless grapes, pineapple, cherry tomatoes and lychee. \$33.9

SEAFOOD

SF1. EAT THAI SEAFOOD (GF)

Grilled prawn and squid, lots of cashew nuts stir fried with broccoli, onion, carrot, cauliflower, mushroom, and red capsicum \$33.9



SF2. MIXED SEAFOOD WITH GARLIC & BLACK PEPPER SAUCE

Mixed seafood (prawn, squid, mussel) stir fried with homemade garlic & black pepper sauce, capsicum, onion, and spring onion. Hot peppery flavour \$35.9



SF3. FRIED PRAWN WITH TAMARIND SAUCE

A popular dish from East of Thailand. Tasty tamarind sauce mixed with fried prawns \$33.9



SF4. DEEP FRIED SOFT-SHELL CRAB WITH GARLIC AND PEPPER

Deep fried soft shell crabs lightly coated with flour, black pepper and topped with fried garlic served with homemade spicy sauce \$38



SF5. SPICY RAW PRAWN SALAD (GF)

****Serve Thai hot or E-Sarn spicy only****

Specialty salad dish, raw prawns poured with very sour and spicy dressing, served with salad \$35.9

SALAD

SL1. THAI SALAD Choice of meat: Pork/Beef (GF)

Grilled meat served with lettuce, tomato, cucumber, red capsicum, alfalfa sprout and red onion with homemade dressing \$25.9

SL2. SEASONAL VEGETABLE STIR FRIED GFA/VG

Great choice for vegan or vegetarian, stir-fried tofu and vegetables broccoli, carrot, cabbage, cauliflower, mushroom, red capsicum \$25.9

SL3. TOFU SALAD GF/VG

Deep fried tofu mixed with lettuce, tomato, cucumber, red onion, bean sprout and alfalfa sprout with homemade dressing \$25.9

SL4. THAI CHICKEN LARB SALAD GF

Unique flavour from minced chicken cooked with mint, red onion, chilli flake, lime juice and roasted crushed rice. Served with seasonal vegetables \$25.9

SL5. SUPREME SALAD WITH MANGO DRESSING GF/VG

Go fresh with Supreme salad fresh carrot, mesclun, cucumber, red capsicum, alfalfa sprout and tomato with mango dressing. Great as a side dish to add freshness to any meal. \$17.9

SL6. SOM TUM (known as papaya salad) (GF) "upon availability"

World famous Thai papaya salad, made freshly with green papaya, carrot, green bean, tomato, peanut, lemon. This dish contains fish sauce. \$25.9



SOUP

S1. TOM YUM (GF)

Entrée : **Chicken** \$9.9 | **Prawns** \$11.9
Main : **Chicken** \$23.9 | **Prawns** \$27 | **Seafood** \$28.9

Tom Yum is one of the spiciest soups in Thailand.
This soup is cooked from lime leaf, lemongrass, galangal, fresh chilli, and lime juice.

S2. TOM KHA (GF)

Entrée : **Chicken** \$9.9 | **Prawns** \$11.9
Main : **Chicken** \$23.9 | **Prawns** \$27 | **Seafood** \$28.9

Also called Galangal soup, is a spicy and sour hot soup with coconut milk, mushroom, lime leaf, lemongrass, and fresh chilli.

POPULAR DISHES

P1. PORK BELLY STIR FRIED WITH HOT BASIL SAUCE (GF)

Stir fried with onion, broccoli, red capsicum, green bean, and hot basil sauce (contains garlic, basil, lime leaf, lemongrass, chilli). Nice and spicy! \$27.9

P2. CHICKEN CASHEW NUT (GF/VG)

Grilled chicken breast stir fried with cashew nut, broccoli, carrot, cauliflower, mushroom and red capsicum \$27.9 | **Snapper Fillet** \$33.9

P3. SWEET AND SOUR GFA

Choice of meat : **Pork** \$25.9 | **Prawns** \$28.9 | **Snapper Fillet** \$33.9

Traditional style sweet and sour. Stir fried with cucumber, tomato, pineapple, onion, and a homemade sweet and sour sauce

P4. BREAD CRUMBED CHICKEN WITH PANANG SAUCE

Crumbed chicken breast with panang sauce, crunchy peanuts and a fresh salad \$23.9

P5. RONG SONG

Choice of meat : **Chicken/Pork/Beef** \$25.9 | **Prawns** \$28.9 | **Seafood** \$23.9

Mild flavour with lots of vegetables stir fried broccoli, carrot, cauliflower, red capsicum and topped with satay sauce

P6. GINGER BEEF OR CHICKEN (GF)

Marinated sliced beef stir fried with fresh ginger, broccoli, mushroom, and onion \$25.9

P7. HONEY PORK RIBS (GF)

Entrée **220 gram** \$15 | Main **450 gram** \$27.9

Marinated ribs with cinnamon, star anise and Thai herbs, then slow cooked, deep fried and stir fried with home-made honey sauce, mesclun and cherry tomatoes.



VEGETARAIN DISHES

(All come with Vegetables + Tofu)

VG1. TOM YUM (Entrée : \$10.9) (Main : Vegetable+Tofu \$27) GF/VG/V

Tom Yum is one of the spiciest soups in Thailand, this soup is cooked from lime leaf, lemongrass, galangal, fresh chilli, and lime juice.

VG2. TOM KHA (Entrée : Vegetable+Tofu \$10.9) (Main: Vegetable+Tofu \$27) GF/VG/V

Also called Galangal soup, is a spicy and sour hot soup with coconut milk, mushroom, lime leaf, lemongrass, and fresh chilli.

VG3. CASHEW NUT GF/VG

Vegetable and tofu stir fried with cashew nut, broccoli, carrot, cauliflower, mushroom, and red capsicum \$27.9

VG4. RONG SONG

Mild flavour with lots of vegetables stir fried broccoli, carrot, cauliflower, red capsicum and topped with satay sauce \$27.9

VG5. FRIED RICE GFA/VG/V

Thai fried rice uses jasmine rice fried with carrot, onion, egg, and mixed vegetables. \$23

VG6. NASI GORENG GFA/VG/V

CONTAINS YELLOW CURRY POWDER

Fried rice with light yellow curry powder, pineapple, lots of cashew nuts, egg, green bean, and mixed vegetables, topped with fried shallot \$25.9

VG7. PAD THAI GF/VG/V

CONTAINS TRACES OF SOY

A unique taste that you must try. Thin rice noodles stir fried with authentic Pad Thai sauce, egg, bean sprout, crunchy peanut. \$25.9

VG8. PAD SEE EWE GFA/VG/V

Flat rice noodles stir fried with egg, broccoli, cauliflower, carrot, and cabbage seasoned with light soy sauce and oyster sauce \$25.9

VG9. MEE GORENG VG

CONTAINS YELLOW CURRY POWDER

Egg noodles stir fried with mix vegetables, green bean, lots of cashew nut, pineapple and egg, topped with fried shallot \$25.9

VG10. PAD KHEE MAO GFA/VG/V

Flat rice noodles stir fried with hot basil sauce, egg, tomato, carrot, broccoli, and bamboo shoot. This has a strong flavour from herbs – Hot and spicy! \$25.9

VG11. GREEN CURRY GF/VG

Thai green curry cooked with coconut milk, fresh chilli, green beans, bamboo shoot and red capsicum. \$25.5

VG12. RED CURRY GF/VG

Thai red curry cooked with coconut milk, fresh chilli, green beans, bamboo shoot and red capsicum. \$25.5

VG13. PANANG CURRY GF/VG

Cooked with coconut milk, crusted peanut, carrot, and red capsicum. Beautiful mild dish. \$25.5

VG14. SEASONAL VEGETABLE STIR FRIED GFA/VG

Great choice for vegan or vegetarian, stir-fried tofu and vegetables broccoli, carrot, cabbage, cauliflower, mushroom, red capsicum \$22.9

VG15. TOFU SALAD GF/VG

Deep fried tofu mixed with lettuce, tomato, cucumber, red onion, bean sprout and alfalfa sprout with homemade dressing \$22.9



EXTRA



Jasmine Rice	\$3	Rice Noodle	\$3.5	Egg Noodle	\$5
Cashew Nut	\$7	Satay Sauce	\$3 or \$5	Steamed Vegetable	\$4.5
Broccoli	\$3	Carrot	\$3	Tofu	\$4.5
Roti Bread	\$3.5	Prawn (each)	\$2.20	Mussel (each)	\$1.8
Fried Egg	\$3.5	Mixed Seafood (prawn, squid)	\$10	Meat	\$7

We aim to provide the Authentic Thai flavour. There are levels of spicy as following.
Please state when you order ^^

1. MILD
2. MILD to MEDIUM (Kiwi Medium) 🌶️
3. THAI MEDIUM (Reasonably hot good for a try) 🌶️🌶️
4. HOT (Hot and spicy for Thai food lover) 🌶️🌶️🌶️
5. THAI HOT (Burn!! Recommend only if you have eaten in Thailand before) 🌶️🌶️🌶️🌶️

GF = Gluten Free
VG = Vegetarian

GFA = Gluten Free Available
V = Vegan

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The Best Authentic Thai Food in Blenheim



*MSG FREE

*100% Free Range Eggs

*FULLY LICENSED

*Please let us know if you have any food allergies or special dietary needs.