

SEAFOOD

SF1. EAT THAI SEAFOOD GF

Grilled prawn and squid, lots of cashew nuts stir fried with broccoli, onion, carrot, cauliflower, mushroom and red capsicum \$32

SF2. MIXED SEAFOOD WITH GARLIC & BLACK PEPPER SAUCE GF

Mixed seafood (prawn, squid, mussel) stir fried with homemade garlic & black pepper sauce, capsicum, onion, and spring onion. Hot peppery flavour \$32

SF3. FRIED PRAWN WITH TAMARIND SAUCE

Very popular dish from East of Thailand. Tasty tamarind sauce mixed with prawns \$32

SF4. DEEP FRIED SOFT-SHELL CRAB WITH GARLIC AND PEPPER

Deep fried soft shell crabs lightly coated with flour, black pepper and topped with fried garlic served with homemade spicy sauce \$35

CURRY

C1. GREEN CURRY Choice of meat: Chicken | Pork \$26

VG+Tofu \$26.5 Prawn \$30 GF/VG

Thai green curry cooked with coconut milk, fresh chilli, green beans, bamboo shoot and red capsicum.

C2. RED CURRY Choice of meat: Chicken | Pork | Beef \$26

VG+Tofu \$26.5 Prawn \$30 GF/VG

Thai red curry cooked with coconut milk, fresh chilli, green beans, bamboo shoot and red capsicum.

C3. MASSAMAN BEEF \$28.9 GF

Delicious and tenderness marinated beef, slow cooked with coconut milk, massaman curry paste, onion, potatoes and red capsicum

C4. PANANG CURRY Choice of meat: Chicken | Pork | Beef \$26

VG+Tofu \$26.5 Prawn \$30 GF/VG

Cooked with coconut milk, crusted peanut, carrot and red capsicum. Beautiful mild dish.

DELIVERY

\$8 delivery fee (within Blenheim) with minimum order \$45

Please ring us first just in case we can not go. Or order via DeliveryEasy we are partnered with them 😊

SALAD

SL1. THAI SALAD GF Choice of meat: Pork|Beef \$26

Grilled meat served with lettuce, tomato, cucumber, red capsicum, alfalfa sprout and red onion with homemade dressing

SL2. WARM SALAD GFA/VG

Great choice for vegan or vegetarian, stir-fried tofu and vegetables (broccoli, carrot, cabbage, cauliflower, red capsicum) \$26

SL3. TOFU SALAD GF/VG

Deep fried tofu mixed with lettuce, tomato, cucumber, red onion, bean sprout and alfalfa sprout with homemade dressing \$26

SL4. THAI CHICKEN LARB SALAD GF

Unique flavour from minced chicken cooked with mint, red onion, chilli flake, lime juice and roasted crushed rice. Served with seasonal vegetable \$26

NEW DISHES

N1. HONEY PORK RIBS GF

Entrée 220 gram \$15, Main 450 gram \$26

Marinated ribs with cinnamon, star anise and Thai herbs, then slow cooked, deep fried and stir fried with **home-made honey sauce**, mesclun and cherry tomato.

N2. ROASTED DUCK RED CURRY GF \$30

Aromatic roasted duck cooked with red curry paste, red seedless grape, pineapple, cherry tomato and lychee.

N3. SOM TUM GF \$28

World famous Thai Papaya Salad, made freshly with swede, carrot, green bean, tomato, peanut, lemon. This dish contained fish sauce.

VG = Vegetarian or Vegan

GF = Gluten Free

GFA = Gluten Free Available

ADD ON

Rice \$3

Vegetable \$4.5

Seafood \$10

Broccoli or Carrot \$3

Extra Rice Noodle \$3.5

Peanut Satay Sauce \$3 or \$5

Roti Bread \$3.5

Prawn \$2.8 each

Snapper Fillet \$15

Mushroom \$5

Extra Egg Noodle \$5

Tofu \$4.5

Meat \$7

Cashew Nut \$7

E

EAT THAI

The Best Authentic Thai Food in Blenheim
SINCE 2016

TRADING HOURS

MONDAY	CLOSED FULL DAY	
TUESDAY	CLOSED LUNCH	17.00-21.30
WEDNESDAY - FRIDAY		
	11.30-14.30	17.00-21.30
SATURDAY - SUNDAY		
	12.00-14.30	17.00-21.30



SCAN QR CODE
FOR ONLINE BOOKING & ORDER

03 577 5188

Give us a call 022 026 4289

35 High Street, Blenheim

At Eat Thai Restaurant we aim to provide the Authentic Thai flavour so we have levels of spicy following please state when you order

1. Mild
 2. Mild to Medium (Kiwi medium)
 3. Medium (Thai Medium, reasonable hot good to try)
 4. Hot (it is hot and spicy for Thai food lover)
 5. Thai Hot (Burn!!! Recommended only if you have been to Thailand before)
- *MSG FREE
*FULLY LICENSED
*Biodegradable Container
*Rice included
*Vegetarian & Vegan tofu included

**Please let us know if you have any food allergies or special dietary needs

Updated 04-11-25

ENTRÉE

E1. CHICKEN SATAY (4 SKEWERS) \$14 | (6 SKEWERS) \$21

Strips of marinated chicken served with a tasty peanut sauce

E2. VEGETARIAN SPRING ROLL (4 PIECES) \$10 | (6 PIECES) \$15

Deep fried vegetarian spring rolls served with sweet chilli sauce

E3. CURRY PUFF (4 PIECES) \$12 | (6 PIECES) \$18

Chicken mince with kumara, potato and onion wrapped in puff pastry

E4. MONEY BAG (4 PIECES) \$12 | (6 PIECES) \$18

Wrapped with shrimp, mixed vegetable, peanut and fried shallot served with sweet chilli sauce

E5. THAI FISH CAKE (4 PIECES) \$10 | (6 PIECES) \$15

Authentic spicy fish cakes served with sweet chilli sauce

E6. EAT THAI MILK SQUID \$16.5

Squid tentacles marinated overnight with milk and white wine

E7. CHEESY PRAWN ROLL (4 PIECES) \$14 | (6 PIECES) \$21

BIG PRAWN seasoning with salt and pepper all rolled together with cheese in spring roll pastry

E8. THAI FRESH ROLL (4 PIECES) Chicken/VG+Tofu \$14 GF

Fresh healthy start with Thai Fresh Spring Rolls. Rice paper wraps with marinated chicken, carrot, cucumber, lettuce and alfalfa sprout served with mint lime sauce

E10. MIANG KHAM (SPINACH COCO) GF *Takeaway sell large serving only*

Traditional snack, Miang Kham is fresh, healthy and great in flavour. Large serving 3-5 people \$18.9

E12. BBQ PORK SKEWER (4 SKEWERS) GF \$14 | (6 SKEWERS) \$21

Tender pork, flavoursome Thai style marinated

E14. MIX ENTREES (10 PIECES) \$28

Great choice for sharing with your family and friends. 3 vegetarian spring rolls, 2 curry puffs, 3 money bags and 2 chicken satay sticks served with sweet chilli sauce

E15. THE KING (12PIECES+MILK SQUID) \$50

THE KING is great option for real feed, 4 chicken satay sticks, 4 cheesy Prawn rolls, 4 Thai fish cakes and our popular Eat Thai Milk Squid

SOUP

S1. TOM YUM (Entrée: Chicken \$13 Prawn \$16.9 VG+Tofu \$15.9)

(Main: Chicken \$24 Prawn \$30 VG+Tofu \$26) GF

Tom Yum is one of the spiciest soups in Thailand, this soup is cooked with lime leaf, lemongrass, galangal, fresh chilli and lime juice.

S2. TOM KHA (Entrée: Chicken \$13 Prawn \$16.9 VG+Tofu \$15.9)

(Main: Chicken \$24 Prawn \$30 VG+Tofu \$26) GF

Also called Galangal soup, is a spicy and sour hot soup with coconut milk, mushroom, lime leaf, lemongrass and fresh chilli.

POPULAR DISHES

P1. PORK BELLY STIR FRIED WITH HOT BASIL SAUCE GF

Stir fried with fresh basil leaves, onion, broccoli, red capsicum, green bean and hot basil sauce (contains garlic, basil, lime leaf, lemongrass, chilli). Nice and spicy! \$29

P2. CHICKEN CASHEW NUT GF VG+Tofu \$26 Snapper Fillet \$30.9

Grilled chicken breast stir fried with cashew nut, broccoli, carrot, cauliflower, mushroom and red capsicum

P3. SWEET AND SOUR PORK OR SNAPPER GFA

Chicken | Pork \$25 Prawn \$30 Snapper Fillet \$30.9

Traditional style sweet and sour, stir fried with cucumber, tomato, pineapple, onion and a homemade sweet and sour sauce

P4. BREAD CRUMBED CHICKEN WITH PANANG SAUCE \$25

Crumbed chicken breast with panang sauce, crunchy peanut and a fresh salad

P5. RONG SONG

Chicken | Pork | Beef \$25 Prawn \$30 VG+Tofu \$26

Mild flavour with lots of vegetables stir fried (broccoli, carrot, cauliflower, red capsicum) and topped with satay sauce

P6. GINGER BEEF OR CHICKEN GF

Sliced marinated beef stir fried with fresh ginger, broccoli, mushroom and onion \$25/ROASTED DUCK \$30

Little chat: PAD THAI is best to eat straight away, I recommend to eat within 20 mins. Our PAD THAI sauce contain tamarind, palm sugar where these 2 ingredients create sticky texture by the time passed. Adding little bit of chilli flake and squeeze the lemon into it will enhance the flavour and balance the sweet, sour and spicy. We hope you will enjoy our food 😊

RICE AND NOODLE

**R1. FRIED RICE Choice of meat: Chicken | Pork | Beef \$23.8
Combination \$25 VG+Tofu \$26.8 Prawn \$30 Seafood \$33 GF/VG**

Thai fried rice uses jasmine rice fried with carrot, broccoli, onion, egg and mixed vegetables.

R2. THAI STYLE CRAB FRIED RICE \$28.5 GFA

If you love crab, try Thai style crab fried rice, the natural flavours from the crab meat cooked with egg, carrot and spring onion

Price may change without notice, depends on market price

**R3. NASI GORENG Choice of meat: Chicken | Pork | Beef \$25
Combination \$25 VG+Tofu \$26 Prawn \$30 Seafood \$33 GF/VG**

CONTAINED YELLOW CURRY POWDER

Fried rice with light yellow curry powder, pineapple, cashew nuts, egg, green bean, broccoli and mixed vegetables, topped with fried shallot

R4. PAD THAI Choice of meat: Chicken | Pork | Beef \$25

Combination \$25 VG+Tofu \$26 Prawn \$30 Seafood \$33 GF/VG

CONTAINED TRACES OF SOY

A very unique taste that you must try. Thin rice noodles stir fried with egg, bean sprout, crunchy peanut and authentic Pad Thai sauce.

**R5. PAD SEE EWE Choice of meat: Chicken | Pork | Beef \$25
Combination \$25 VG+Tofu \$26 Prawn \$30 Seafood \$33 GF/VG**

CONTAINED OYSTER SAUCE

Flat rice noodles stir fried with egg, broccoli, cauliflower, carrot and cabbage seasoned with light soy sauce and oyster sauce

**R6. MEE GORENG Choice of meat: Chicken | Pork | Beef \$25
Combination \$25 VG+Tofu \$26 Prawn \$30 Seafood \$33 VG**

CONTAINED YELLOW CURRY POWDER

Egg noodles stir fried with mix vegetables, green bean, cashew nut, pineapple and egg, topped with fried shallot

**R7. PAD KHEE MAD Choice of meat: Chicken | Pork | Beef \$25
Combination \$25 VG+Tofu \$26 Prawn \$30 Seafood \$33 GF/VG**

Flat rice noodles stir fried with hot basil sauce, egg, tomato, carrot, broccoli and bamboo shoot. This has a strong flavour from herbs

Hot and spicy!

